



She GLOWS Spotlight – Freya Morani Diop

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Hometown: Fort Worth, TX

Education: BA – Spanish &

International Business; Certified Doula

– The International Center for

Traditional Childbearing,

Breastfeeding Educator

Our She GLOWS Spotlight for August is Freya Morani Diop. Freya is a doula in the Dallas-Fort Worth area who was nominated by several people in the community. She GLOWS because of the love and kindness that she sends to



others both professionally and personally.

Freya is a single mother who has made it her lifework to advocate for healthy natural birth and strength of the Black family. She is the founder and CEO of [RootMama](#), an Afrocentric wellness company helping women grow healthy families based in Duncanville, Texas. Freya is described as being “the shadow behind women speaking love and peace into their ears, helping to guide them through the most sensitive times of their lives.” The empowerment of women from

fertility to postnatal support is Freya’s focus.

We are proud to have Freya Morani Diop as our #SheGLOWSSpotlight for August!

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